



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

For food assistance in the Waterloo Region call 519-743-5576 Ext 340 to be directed to the program nearest you. SSVP is currently supporting the North of 60 project providing food assistance to Chesterfield Inlet, Nunavut as well as creating Essential Hygiene Kits for newly arriving Ukrainian refugees.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Weekly Gospel Reflection (Mk 9: 2-10)



In the midst of His glorious Transfiguration Jesus speaks with Moses and Elijah about His Passion, death and Resurrection (Lk 9:31). In this way the Lord shows that God's glory is not only manifested on the Mount of Transfiguration but also on the Mount of Calvary.

Christ wants us to know that His glory is manifested in our lives not only in glorious moments when we are successful and healthy but also when we are bound down by suffering or illness. If we listen to Him, as the voice from heaven invites us to do, our lives too will be transformed.

Fr. Jamroz

WELCOME TO ST. MICHAEL PARISH

Welcome, we are glad you're here! For details on our parish life, please see our website: www.stmichaelw.ca

MASS INTENTIONS

Tuesday, February 27, 2024

- 7:00 pm** + Special Intentions of Paul Antony in Thanksgiving
+ Victor & Theresa Castelino – Vernon Castelino
+ Sara Barros – Maria Ianni

7:30pm-8:30pm Holy Hour with Adoration & Benediction

Wednesday, February 28, 2024

- 12:15 pm** + Jonny Bogan – Tony Bogan
+ Beatrice Rogers – Paul Rogers

Thursday, February 29, 2024

- 12:15 pm** + Deceased member of the Villapiana and Ianni Families – Maria Ianni

Friday, March 1, 2024

- 8:00 am** + Les Molnar – Rita Molnar
8:30am - 9am Adoration of the Blessed Sacrament
7:00 pm + For the parishioners of St. Michael Parish
7:30 pm Stations of the Cross

Saturday, March 2, 2024

- 5:00 pm** + Ernie Hollo – The Family
+ Dolores Murray – Donna & Sheldon Leaman & Family
+ Special Intentions of the Turski Family
- Donna & Karl Riddiough

Parish Office Hours

The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

Sunday Homilies Online

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button 'SUNDAY HOMILY'.

The Church is Open for Prayer

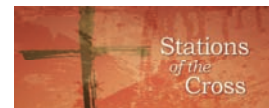
The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

Prayer Intentions

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website www.stmichaelw.ca and click on Request a Prayer or contact the parish office by phone or email.

Parish Email List

All parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, please sign up on our website at <https://www.stmichaelw.ca/contact-us>



Mass and Stations of the Cross

Every Friday during Lent we will have **Mass at 7pm** followed by the **Stations of the Cross**



Why is the season called *Lent*?

Lent is the Old English word for *spring*. In almost all other languages, Lent's name is a derivative of the Latin term *quadragesima* or "the forty days."

Fast and Abstinence – what is the difference?

Under current canon law in the Western rite of the Church, a day of **fast** is one on which Catholics who are eighteen to fifty-eight years old are required to keep a limited fast. Fasting allows a person to eat one full meal. Two smaller meals may be taken, not to equal one full meal. A day of **abstinence** is a day on which Catholics fourteen years and older are required to abstain from eating meat. (*Catholic Answers*)

The days of fast and abstinence in Canada are Ash Wednesday and Good Friday. Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.

Over 20,000 Canadians have signed it in solidarity with these struggling communities of Guapinol and the San Pedro sector. Join the effort and add weight to our demands. Sign now at devp.org/act. Thank you for your solidarity!

Healing Ministry Vigil with Fr. Bill Trusz - Missionary of Mercy Wednesday, March 13th at 7 pm

The outline for the evening:

- Exposition of the Blessed Sacrament and Exhortation.
- Procession of the Blessed Sacrament.
- Anointing of the Participants with Blessed Oil.
- Celebration of the Holy Mass.

Father Bill Trusz was blessed at St. Peter's in Rome by Pope Francis to be a "Missionary of Mercy." He continues to pray with people in need through what he calls "the St. Therese Spiritual Healing Ministry of the diocese of Hamilton."

The Ones

If you are an adult who normally eats alone, come join other parishioners on the first Friday of each month at the Waterloo Knights of Columbus for Fish and Chips. For more information or to reserve your place, please contact Eleanor Horrigan at 519-885-3674 or horriganeleanor@gmail.com



DIocese of HAMILTON

MARRIAGE TIP OF THE MONTH

Marriage Tip 135. The month of February, known as the month of love, can sometimes create unrealistic expectations for couples. "Real" love supports their spouse when they have had a bad day, creates ways to spend time together, offers help without asking and is self-giving, not self-receiving. This month, take the time to look for ways to support the one you love and you will experience a deeper, more connected relationship.

	<p>Soup Lunch & Movie Tuesday Feb 27th Starting at 12:00pm in the hall</p>
<p>The CWL would like to invite all women of the parish to join us for a soup lunch and movie (Heaven is for Real) in the parish hall at 12:00 (noon) on Tues Feb 27th. This is also our first CWL meeting of 2024 and we will briefly cover CWL business prior to the movie. Donations will also be collected for our Purse & Jewellery sale that is planned for May.</p>	

Last chance to sign the *Stand for the Land* petition



Today is the deadline for signing a letter to Honduran ambassador to Canada asking her government to protect those who are fighting to defend forests and rivers in a Honduran national park against pollution from a mine. The letter is part of Development and Peace —

Caritas Canada's last fall campaign.



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70A Westmount Rd W Kitchener **519-208-8857**



Waterloo Knights of Columbus

Columbus Conference Centre

145 Dearborn Place

Friday Night Fish Fry:

Take out call **Derek 226-748-8378**

Eat in call **Manager 519-884-2060**

Wednesday Spaghetti: Take out/Eat in call

Manager 519-884-2060, place orders by 2:30 pm

Hall Rentals: Stag & Does, Meetings, Parties,

Life Celebrations call **Manager 519-884-2060**



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